



# **Coronavirus 2019 (COVID-19 Disease)**

**The information presented today is  
current as of September 2020**

# Today we will be discussing:

1. General information about COVID-19
2. Healthy Habits to both Prevent and Reduce the Spread of COVID-19 at work and at home
3. Prevent and Reduce the Spread of COVID-19
  - a) Within Probation Facilities
  - b) While Working in the Field
  - c) During Transportation
4. Reporting Requirements
5. Resources

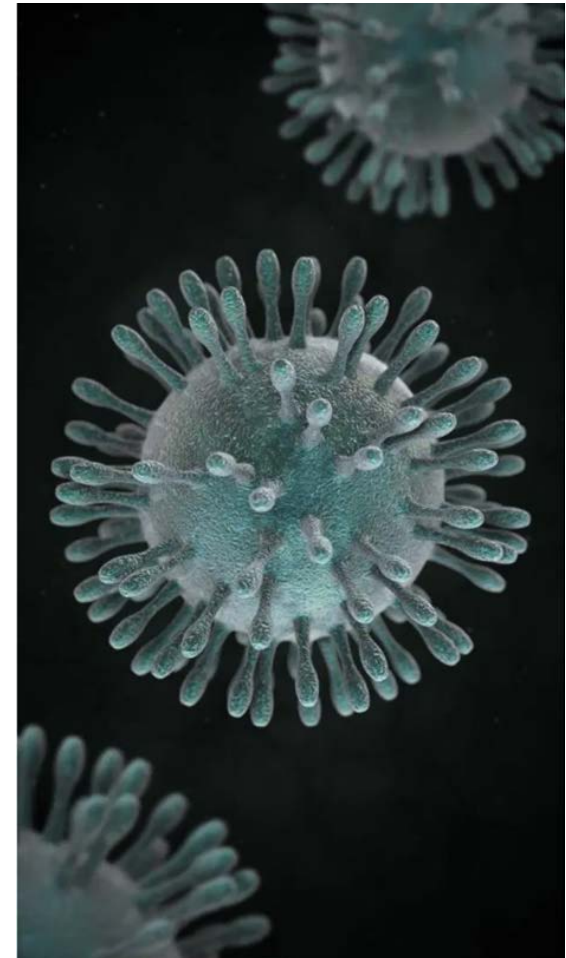


# General Information about COVID-19



# What are coronaviruses?

- Named for the spikes on the cells (they look like crowns)
- Most coronaviruses infect animals, but not people.
- Rarely, these coronaviruses evolve and infect humans, typically causing mild to moderate illness in people.

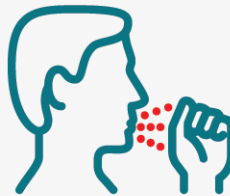


# What are the symptoms of COVID-19?

**Fever**



**Cough**



**Shortness of Breath  
or Trouble Breathing**



- Symptoms may also include:  
**chills, repeated shaking with chills, muscle pain, headache, sore throat, runny nose, nausea or vomiting, diarrhea, or new loss of taste or smell.**
- Illness can vary from mild to severe; Some people might not show any symptoms
- Signs of illness can begin between **2-14** days from being exposed to the virus

# How do coronaviruses spread?



- Spread through close personal contact with an infected person, **including those who may not be showing symptoms.**



- Coughing or sneezing.
- It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes.
- Data analyses are ongoing to understand how easily this current novel coronavirus is being spread.

# How is COVID-19 treated?

- No vaccine yet
- No cure for nor medication to prevent the infection
- Many symptoms can be treated
  - Treatment is based on the patient's condition or symptoms
  - For mild cases, like treatment for colds and flu



Be aware of scam “treatments”

Visit: [ph.lacounty.gov/hccp/covidscams](https://ph.lacounty.gov/hccp/covidscams)

# When should I seek medical care?

## STAY HOME IF YOU ARE SICK

Most people with respiratory infections like the flu and COVID-19 will have mild illness and get better without needing emergency or hospital care.

- Call your doctor early if you are 65 years or older, or you have a weak immune system or other medical problems.
- Call before visiting your doctor.
- Seek medical care immediately if your symptoms get worse.

## CALL 911 IF THERE ARE EMERGENCY WARNING SIGNS



**Difficulty  
Breathing**



**Pressure or  
pain in chest**



**Bluish lips  
or face**



**Confused or  
hard to wake**



**Other serious  
symptoms**



# When is testing recommended?

- People who have symptoms
- People *without* symptoms who:
  - Have been a “[close contact](#)” to someone with confirmed or suspected COVID-19 (a case) within the last 14 days.
  - Are part of an outbreak response or contact investigation in high risk settings



# Close Contacts Definition

Close contacts are those who have been in contact with a COVID positive case (or suspect) **2 days before symptoms began** or at any time during their isolation period and should meet one of the following criteria:

- **All household members**
- **Any intimate contact**
- **All individuals who were within 6 feet of you for more than 15 minutes**
- In addition, **anyone who had contact with your body fluids and/or secretions** (such as anyone who provided care to you without wearing protective equipment, were coughed on/sneezed on, or shared utensils or saliva) needs to be in quarantine.

# What if I tested positive, but don't have symptoms?

- If you test **positive** and never develop symptoms, you must still stay home and away from others for at least **10 days from the date you were tested**.
- If you tested **positive** while in quarantine and never develop symptoms, you must isolate or still stay home and away from others for at least 10 days from the date you were tested.
- If tested **negative** while in quarantine and never develop symptoms, you still must remain in quarantine for the full 14 days from your last contact with the person who either has COVID-19 or symptoms of COVID-19.

# What we know about immunity?

- We do not know yet to what extent antibodies to the virus can protect someone from getting infected again and, if it does, how long that protection (immunity) might last.
- Until more is known, **even if you had a positive antibody test**, you must continue to **practice everyday prevention to protect yourself and others**, including keeping your physical distance from others, correctly wearing a face covering, and washing your hands often. Continue to choose wisely and avoid **the 3 C's**.



# Healthy Habits to Both Prevent and Reduce the Spread of COVID-19 at Work and at Home



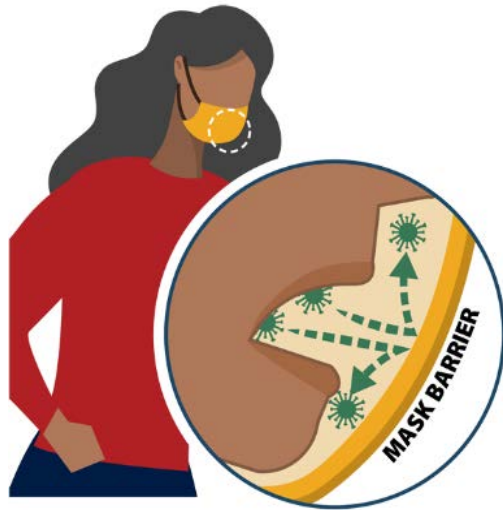
# Practice healthy habits daily



- **Wash hands well and often for at least 20 seconds**  
Use regular soap and water, or if not available, use hand sanitizer with at least 60% alcohol, especially
  - after going to the bathroom;
  - before eating; and
  - after blowing your nose, coughing, or sneezing.
- **Wear face covering when around others and avoid touching your eyes, nose, and mouth.**
- **Practice social (physical) distancing**
- **Limit close contact**, like kissing and sharing cups or utensils, with people who are sick.
- Check the CDC website before you travel  
[www.cdc.gov/coronavirus/2019-ncov/travelers/index.html](https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html)

# Face Coverings must be used to avoid spreading COVID-19 to others

Prevent Spreading to Others



When in contact or likely to come into contact with others...



# **Surgical masks must be used if interacting with person(s) who are in isolation or quarantine for COVID-19**

- When interacting with persons who are known to have COVID-19 (in isolation) or been recent close contacts of person(s) with COVID-19 (in quarantine), a **surgical mask** must be used to offer both source control and protection for the wearer.
  - If the interaction involves any direct physical contact, gloves are also recommended.
  - Maintain physical distancing during these interactions whenever possible.



# Why is everyone being asked to practice physical distancing?



Spread happens when an infected person coughs, sneezes, talks, or raises their voice, and droplets from their mouth or nose are launched (typically, 3-6 feet) into the air and land in the mouths or noses of people nearby. The droplets can also be inhaled into the lungs.



COVID-19 can also be spread by touching a surface or object that has the virus on it and then touching their own mouth, nose, or eyes.



The less time that we spend within 6 feet of each other, and the fewer people we interact with, the more likely we are to slow the spread of COVID-19.

# **“High Touch” Surface Safety**

**Clean and Disinfect Thoroughly and Frequently**



**Doorknobs**



**Faucets &  
Bathroom Fixtures**



**Phones**



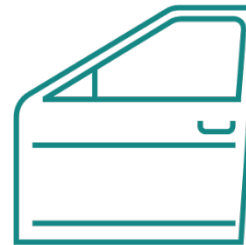
**Countertops  
and Tabletops**



**Credit Card  
Terminals**



**Shopping  
Cart Handles**



**Car Door  
Handles**



**Trash Cans**

# What if I'm sick or diagnosed with COVID-19?



**Immediately isolate** (stay home) until 24 hours after recovery AND at least 10 days from when symptoms first appeared



Create a list people you were in **close contact** with (within 2 days before your symptoms started)



**Advise the close contacts to stay home for 14 days (quarantine)** from the last date they had contact with you



Close contacts. Get tested for COVID-19 as advised and if you start showing symptoms.



If there are three (3) or more COVID-19 cases within a span of 14 days in a business or workplace, the employer **MUST** report this cluster to the Department of Public Health at:

**(888) 397-3993 or (213) 240-7821**

# Case Investigation and Contact Tracing

**Expect a Public Health specialist to contact you by phone and ask you about the following and provide the following guidance:**

***If you have tested positive  
for COVID-19***

- The places you have been
- The people you have been around while you infectious
- Public Health will notify those people about their exposure to the virus – we will not tell them about you
- Explain how to prevent spread

***If you have been in contact  
with someone with COVID-19***

- Let you know if you may have been exposed to the virus
- See how you are feeling
- Let you know what to do based on your risk for developing COVID-19

For more information, visit us online at  
<https://covid19.lacounty.gov/contact-tracing/>

# Case Investigation and Contact Tracing

If you have been diagnosed with COVID-19 and have not yet been contacted by our Department, call the Case Info Line at **1-833-540-0473**.

## FOR PEOPLE WITH **CONFIRMED** CASES OF COVID-19

- **HAVE YOU CONNECTED WITH A PUBLIC HEALTH CONTACT TRACER?**
- **DO YOU NEED MORE INFORMATION ON HOW TO CONNECT TO SERVICES?**



**CALL THE COVID-19 CASE INFO-LINE**  
**TOLL FREE 1-833-540-0473**



# **Prevent and Reduce the Spread of COVID-19 within Probation Facilities**

# **Practice and Promote Standard Precautions among Staff & Youth**

- Proper use and care of face coverings/masks
- Support and reinforce proper hygiene practices
  - For example, provide soap and paper towels
- Talk to youth in custody openly about risks
  - For example, sharing utensils or drug preparation equipment

# Physical Distancing Whenever Possible for Youth in Custody

- Minimize movements inside facilities
- Reconfigure common areas to enable physical distancing, when possible
- Modify group activities



DPH Guidance for Correctional & Detention Facilities:

<http://publichealth.lacounty.gov/media/Coronavirus/docs/facilities/GuidanceCorrectionalDetentionFacilities.pdf>




# Physical Distancing Whenever Possible for Staff


- Staff should be assigned to a consistent unit when possible
- Reconfigure common areas to enable physical distancing, when possible
  - Remain vigilant even when on breaks and on lunch



# Screen Youth at Entry to Facility



Designate a room near the intake area to evaluate new entrants who are flagged by the intake screening process for COVID-19 symptoms



Assess all persons for acute respiratory illness, including a temperature check.



Ask everyone about COVID-19 symptoms on the initial screening form



Symptomatic persons should be given a surgical mask



Staff escorting symptomatic persons should wear a surgical mask and gloves

# Screen and Separate Symptomatic Staff

- Screen for fever and acute respiratory symptoms before entry. Use no-touch or single-use thermometers.
- Staff should maintain social distancing during screening.
- If unable to perform screening on entry:
  - Use an electronic mass notification tool to send symptom check reminders to staff
    - Check temperature and report any new symptoms before leaving home for work and 12 hours after their shift begins
    - Require staff to complete attestations that they have checked their temperature and do not have a fever/COVID-19 symptoms

DPH Guidance for Correctional & Detention Facilities:

<http://publichealth.lacounty.gov/media/Coronavirus/docs/facilities/GuidanceCorrectionalDetentionFacilities.pdf>

# Identify and Isolate Symptomatic Youth & Staff

- Remind all youth in custody to alert staff immediately if exhibiting symptoms of COVID-19
- Cohorts (isolation or quarantine as a group) should be developed based on where youth reside, when possible
- Isolate symptomatic youth in custody
- Staff with symptoms of COVID-19 should be provided with home isolation instructions and instructed to go home to self-isolate



# Identify Close Contacts of Symptomatic Persons and Quarantine

- Quarantine exposed youth in custody and staff
  - Persons who have come in close contact with a symptomatic person must be placed in quarantine for 14 days per facility protocol. Staff must be sent home to quarantine or placed in onsite quarantine for 14 days.
  - <http://publichealth.lacounty.gov/media/coronavirus/docs/service/F AQ-PoliceFire.pdf>



**Reach out to the Department of Public Health for consultation on setting up isolation and quarantine units**

# Returning to Work

- After Isolation
  - A symptomatic staff person who was sent home may return to the site after: 1) At least **24 hours** after improvement in symptoms and after resolution of fever (without the use of fever reducing medications), AND 2) At least **10 days** since symptoms first appeared
- If you seek COVID-19 testing, Probation Department can request medical documentation, but a negative COVID-19 test is not required to return to work

# Critical Workforce Shortage

In times of critical workforce shortage AND it is a low-risk exposure, staff who are close contacts to a patient with COVID-19 **may be permitted** to work provided they:

1. Do not develop symptoms;
2. Wear a surgical facemask for the full 14 days after the exposure event (cloth face covering is NOT adequate protection);
3. Self-monitor for fever and symptoms of COVID-19 two times a day – once before going to work, and 12 hours later; AND
4. Observe full home quarantine when not at work.

# Guidelines for Personal Protective Equipment (PPE)

- Face coverings/face masks at all times
  - Symptomatic youth in custody should be given surgical masks to wear when they are around other people
  - Staff should wear surgical masks if interacting with symptomatic clients.
- If staff are interacting with symptomatic youth in close contact (less than 6 ft.) with or without physical contact, they should wear an N95 respirator, and eye protection, and gloves if they have direct physical contact.



# Guidelines for PPE

- Dispose of gloves after contact with an individual, do not reuse between direct contact with different people
- Observe proper removal of PPE
  - Remove gloves
  - Remove gown/apron (if wearing)
  - Perform hand hygiene
  - Remove protective eyewear
  - Remove mask
  - Perform hand hygiene
- Always wash hands before and after contact with other people, contaminated surfaces, and after removing PPE

# Environmental Cleaning

- Daily cleaning of frequently used areas and high touch surfaces—Provided by LA County ISD
- Have hand soap, paper towels, toilet paper, and disinfectant readily available

Contact your supervisor for details on cleaning supplies



# LA County Probation Peer Support Team

- Reach out to the LA County Probation Peer Support Team for assistance with
  - stress, anxiety, job related issues, grief, relationships, and much more
  - Available via phone, email, video conference, and text

Call **1-833-228-3174** or email  
**[prob.peersupport@probation.lacounty.gov](mailto:prob.peersupport@probation.lacounty.gov)**



**YOU are not alone, Peer Support is here to help**

# Focus on the Facts

- Infectious diseases are not connected to any specific racial or ethnic group.
- Avoid assuming someone has the disease based on the way they look or their family origin.
- Be respectful and welcoming of staff returning to the workplace.

**Reminder to always practice healthy habits such as wearing a cloth face covering, staying home if you are sick, washing hands, practice physical distancing, and avoid touching your eyes, nose, and mouth**



# **Prevent and Reduce the Spread of COVID-19 While Working in the Field**

# Tips to stay safe in the field



Utilize telecommunication options if possible (e.g. phone call, virtual session, etc.)



If home visit is needed, call in advance to ask if any member of the household is exhibiting any symptoms or has been exposed to someone who has been sick, reschedule if needed

- Work in a well-ventilated space that is not crowded (outdoors is safer than indoors)
- Keep the interaction as short as possible
- Minimize contact with client's personal belongings
- Disinfect surfaces/items you touch prior to/after using them
- Only bring necessary equipment

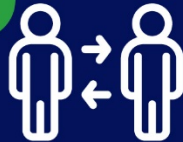


Help the client seek medical care or 9-1-1 if there are emergency warning signs



Contact your supervisor if there are any COVID-19 safety concerns while in the field

# Follow best health practices to protect those around you:



**Stay 6 feet  
apart**



**Wash your  
hands  
frequently**



**Wear a  
face cover**



**Avoid touching  
your face**



**Avoid gathering  
outside your  
household**



# **Prevent and Reduce the Spread of COVID-19 During Transportation**



# Transportation Cleaning Protocol

- At a minimum, the commonly touched surfaces in vehicles are cleaned and disinfected at the beginning and end of each shift and in between transporting passengers
- A professional cleaning service is only utilized when exposure or possible exposure has occurred



# Transportation Recommendations

Passengers and drivers should not ride in the van or carpool if they are sick.

Drivers can refuse to provide transport to a visibly sick passenger for safety reasons. However, discrimination against passengers on the basis of race, or national origin is not allowed.

Both passengers and drivers are required to wear face coverings at all times during the ride.

Passengers that are not from the same household or living unit should space themselves out in the vehicle such that riders are not next to each other.

# Transportation Recommendations, cont.

Passengers should not ride in the front seat next to the driver.

Passengers and Drivers should maintain six feet of distance when outside of the vehicle.

Passengers should handle their own items.

Maintain good ventilation.

No Food or Beverages inside the vehicle.

Cleaning sprays or disposable wipes, disposal trash bags and tissues should be kept in the vehicle.

Frequently touched surfaces should be cleaned after every ride.



# Reporting Requirements

# Probation Department Reporting

Please report to your supervisor if:

- An employee tests positive for COVID-19
- A spouse or other household member of an employee tests positive for COVID-19
- Employees with prolonged close contact with clients or others who test positive for COVID-19
- An employee exhibits (even mild) COVID-19 symptoms
- An employee tests negative for COVID-19 and has exhibited other flu-like symptoms or illness or has been exposed to an individual exhibiting flu-like symptoms or illness.
- Any other COVID-19 related issue
- Indicate in message line “Confidential COVID employee information”



# Probation Department Reporting Sample

Staff Name	John Doe
Employee number	123456
Supervisor Name	
Unit	
Bureau	
Type of contact (see examples above)	Employee's two children in the same house tested positive
Date of most recent contact	Employee has remained at home with family members.
First date of symptoms (if any)	6/24/2020
Last date worked	Employee teleworking since 2/27/2020. Last date at work location (DHQ) cafeteria area was June 2, 2020 to pick up work.
Any staff who had CLOSE contact with the employee	NONE
Any other brief details you have (employee pending testing, under doctor care, quarantined, hospitalized, etc.)	Employee has been tested 2 times for COVID and it has been negative. Employee has been without a fever since 7/2/2020. Has cough, fever.

# Reporting to LAC Department of Public Health

- Employers should ***immediately*** report a COVID-19 cluster if at least **3 or more lab confirmed cases have occurred within 14 days**, to Public Health at **888-397-3993 or 213-240-7821**
- Employers do not need to report single cases to LAC DPH
- Be prepared to provide information about the facility and cases, including:
  - Name and birthdates of cases
  - Their last days at work
  - Their work location and primary job duties
  - The number of employees at the facility
- LAC DPH will determine if this is an outbreak and provide management with guidance and best practice recommendations to prevent and control the spread of COVID-19 in your facility/setting



# Resources





# Worker's Rights FAQ

Review the Worker's Rights Frequently Asked Questions Document for more information on:

- What to expect when returning to work
- Summary of benefits available to workers impacted by COVID-19
- Resources

## Frequently Asked Questions (FAQs)

### Novel Coronavirus Disease (COVID-19)

The Department of Public Health (Public Health) is working to ensure that workers, employers and families remain healthy during this COVID-19 pandemic. As workers return to work it is important to note that the workplace itself must change in an effort to protect employee and customer health.

COVID-19 spreads mainly from person to person through respiratory droplets produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Studies and evidence on infection control report that these droplets usually travel around 6 feet (about two arms lengths).

This document highlights some of the protections that employers are required to put in place to keep you healthy. In the event that you become ill or need to leave your job for other COVID-19 related issues this document also provides important information regarding employee benefits and resources that are in place to protect you.

#### WHAT TO EXPECT WHEN RETURNING TO WORK

Employers have been instructed to follow specific County Public Health protocols, which include the following in order to protect employee health:

- Allow those who can carry their work out from home to do so, especially for vulnerable staff such as those above age 65, those who are pregnant, and those with chronic health conditions. Employers have been asked to reconfigure work processes to increase opportunities for employees to work from home and to shift job duties wherever possible to allow vulnerable individuals to work from home.
  - If you have concerns about your health, consult with your provider to determine whether returning to a work environment outside of your home is safe for you. If it is not safe then speak with your employer to see if you can be reassigned to work duties that allow you to work from home.
- Alternate or stagger shift schedules for employees to maximize physical distancing in the workplace and stagger breaks during shifts to ensure physical distancing in break areas.
- Instruct employees not to come to work if they are sick, or if they are exposed to a person who has COVID-19.
- Conduct symptom checks before employees enter the workplace.
  - These checks will ask about symptoms that you might be experiencing and may or may not include temperature checks at the worksite.
  - If you do develop symptoms then you will be asked to go home and remain isolated. See isolation instructions for more information online at [ph.lacounty.gov/covidisolation](http://ph.lacounty.gov/covidisolation).
  - Those who have been in close contact with an infected person will need to be quarantined. See instructions for quarantine for additional information on who is considered a close contact and what they must do online at [ph.lacounty.gov/covidquarantine](http://ph.lacounty.gov/covidquarantine).
- Provide a cloth face covering at no cost for those employees who have contact with the public or other employees during their shift. Depending on the type of job being done, some employees will also have to wear other protective gear such as gloves or face shields.
  - You do not have to wear the face covering if you are alone in a private office or in other areas of the workspace where others are not present.
  - Be sure to wash your face covering after every use.
- Space out desks, workstations or production line work by at least 6 feet and if necessary incorporate other sorts of barriers such as plexiglass dividers to ensure physical distancing.
  - It is important to maintain six feet of distance, as much as possible, between both co-workers and customers or members of the public that you must interact with and to be sure to use your cloth face covering.

<http://publichealth.lacounty.gov/media/Coronavirus/docs/business/FAQ-WorkersRights.pdf>



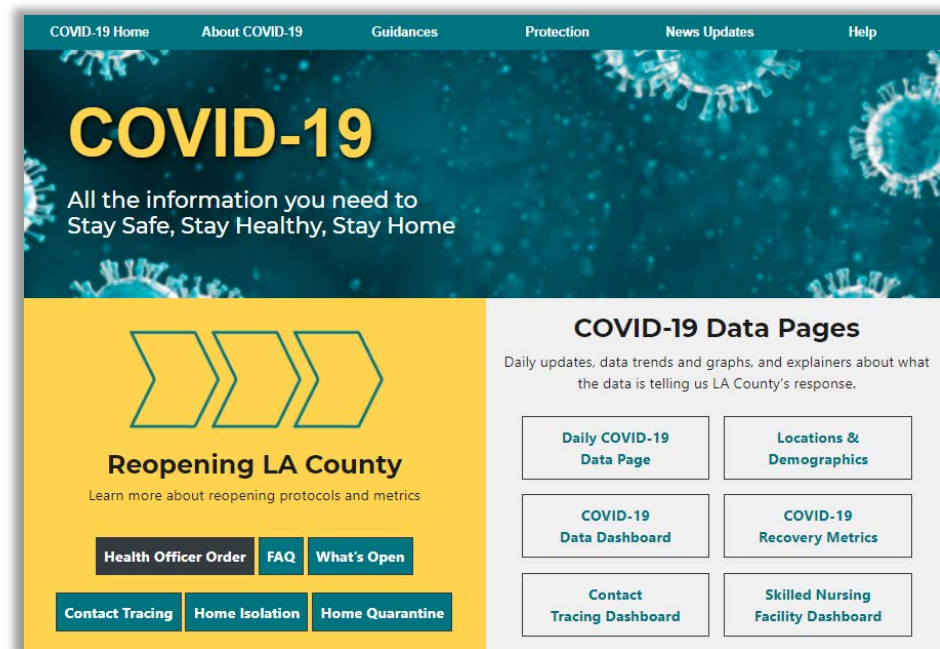
## [LA County Disaster Help Center](#)

- Disaster Help Center Counselors
  - **Call** (833) 238-4450
  - **E-mail** [DisasterHelpCenter@lacounty.gov](mailto:DisasterHelpCenter@lacounty.gov)

LA County Website – Visit: [covid19.lacounty.gov/](https://covid19.lacounty.gov/)

# Stay Informed

- Information and guidance is consistently changing
- Check the public health website regularly
  - <http://publichealth.lacounty.gov/media/Coronavirus/>
- Find information on
  - What's Open in LA County
  - What to do if you are sick or exposed
  - Testing
  - Local data
  - Resources, etc.
- Dial **2-1-1** for additional resources



*New user-friendly layout*

## Follow DPH on Social Media



# More information from DPH



- **Dial 2-1-1**
  - Links you to health and human services
  - Available 24/7 in many different languages



- **Visit our website** [publichealth.lacounty.gov](http://publichealth.lacounty.gov)



- **Send an email** [phinfo@ph.lacounty.gov](mailto:phinfo@ph.lacounty.gov)

- **Follow us on social media:**



- [www.facebook.com/lapublichealth](http://www.facebook.com/lapublichealth)



- [www.twitter.com/lapublichealth](http://www.twitter.com/lapublichealth)



- [www.youtube.com/lapublichealth](http://www.youtube.com/lapublichealth)

- @lapublichealth



# More Resources

Please visit the LA County website for more information on the following:

- Sick leave and eligibility for paid sick leave
- Utility Bill Relief
- Reporting price gouging
- Information for small business loans
- Testing for COVID-19

**[covid19.lacounty.gov](https://covid19.lacounty.gov)**

**This presentation was brought to you by the  
Los Angeles County Department of Public Health**

